www.LookAtLakeside.com June/July 2023

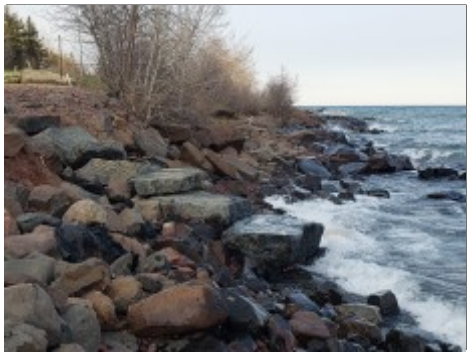
LOOK at LAKESIDE

Lakeside—Lester Park
bi-monthly newsletter since 2012

"Bursting" in Lakeside

Melting snow in April adds to the flow of Amity Creek and the water pounds over the falls. The creek level was high under the bridges of Seven Bridges Rd. It would be interesting to know how many gallons of water per min were going by. The Northland's melted snow heads to Lake Superior which heads to the ocean if it hasn't evaporated to become a cloud.

Whether you go for a walk on the Lakewalk or walk along the sidewalks you're bound to come across bursts of flowering bushes, like these forsythia. Soon will be lilacs in bloom and airing their fragrance. Ahh - breathe deep. Take a photo. Create a memory.



The new road to access the shore isn't ready yet—not until next year… Come walk, bike, etc. on the walkway for time by the lake. Check out the new x-large stone steps positioned at Brighton Beach. The steps let people go down to the lake or come up from the lake if you went in for a dip or kayak trip.

A mini "forest" at Brighton Beach is made of the ancient plant horsetail growing about 8" tall. The cones are its stalks for reproducing and spreading spores. This plant can also invade gardens as it is a deep-rooted perennial with the extensive underground rhizomes 4' or more deep. These plants are part of *Equisetum* family. Note equus means horse in Latin. In prehistoric times horsetail grew nearly 100' tall. In Central and South America there are kinds of horsetails that are about 16' tall.

Grow herbs indoors or outdoors. Use herbs for seasoning and you may reduce salt intake. Put basil leaves on pizza or in a salad or in a drink. Be creative!

High 5!

Customers of youth lemonade stands.
Shop at these 'businesses' this summer.
You know you are thirsty.

6/21 SOLSTICE LIGHT BREAKFAST IN THE LITTLE GAZEBO @ 7AM
at the start of Brighton Beach
FRUIT & DONUT HOLES PROVIDED
OR BRING YOUR OWN BREAKFAST.
Org. by Look at Lakeside

Wag More Bark Less
- Sticker on a car in Duluth

Sunrise/ Sunset on the Solstice (6/21)
Duluth
5:14AM/9:06PM
Anchorage, AK
4:20AM / 11:43PM
Key West, FL
6:39AM /8:19PM
Christchurch, New Zealand
8:03AM/4:59PM

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Made in Lakeside: beer
Meet a Neighbor Zoey
& Events / Announcements
+ more…

Next Deadline July 14

www.LookAtLakeside.com

LOOK AT LAKESIDE
is a bi-monthly newsletter on people, places, happenings and history of Lakeside-Lester Park, Duluth, MN
6 issues/year
1st issue Aug/Sept 2012

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Subscribe
It's only $12/yr
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4005 McCulloch St.,
Duluth MN 55804

Ad Rates and Deadlines at

Ads and subscriptions support this community project and are very much appreciated!

20+ free Lakeside area pickup sites. See more news on Facebook.

www.wendyupnorth.com

Day Trips from Duluth
Local Art & Gift Fairs
local history programs
Travel talks (Costa Rica, Nepal, New Zealand, and more)
dulcimer music & lessons
Keep On Learning
New! Trivia time for seniors

McCulloch Street Musings
from the Editor

THANK YOU LAKE SUPERIOR. You keep us cool, you give inspiration beauty, and a place to have a picnic, and to ponder. All area streams run down to the lake and we can see the brown/red as sediment is brought to the lake, too. I love the pastel shades of peach, pink, and pale blue with the summer sunsets or when the lake is metallic looking. We haven't brought out our kayaks yet but soon we will when we have a chance. Biking time has returned (for the non-winter bikers). Old Superior St works as a good biking area beyond where the Lakewalk ends as does the North Shore Drive Scenic Drive/Congdon Blvd.

In early May my husband and I went up to Thunder Bay (which is a Sister City of Duluth) and stopped by a few thundering high flowing streams along the way. Where does all the water keep flowing from? The High Falls at the Pigeon River was flowing at 23,100 gallons per second and the power of the high flow brought updrafts that were explosions like erupting volcanoes. In Thunder Bay we attended their Folklore Fest with dance performances from people representing many cultures. It was the 50th year and was their first time since covid to be back in person. Ukrainian dancers, Thai, Italian, and more plus sample international foods. We stayed in the historic Courthouse that had been converted into a hotel a few years back and had great views of Lake Superior, ships and Sleeping Giant. I put up a link on Look at Lakeside with some videos and pics from this mini trip.

We went and saw the pelicans in 3 places along the St. Louis River and are ready to our annual search for lady-slippers—orchids at Brighton Beach and other places. The long awaited growing seasons is here. Flowers! And, veggies to our yard or table..

Enjoy our Northland summer!
Your neighbor,
Wendy

The mouth of the Lester River changes throughout the year.

UP NORTH EXCURSIONS
Day Trip to the
MN State Fair
Thursday Aug 24
7:30AM –7:30PM
5+ Hours at the fair!
$95 group discounts
Please register by Aug 1.

218-525-5098
www.wendyupnorth.com

WOMAN-MADE
10AM-3PM
July 29
20+ awesome artisans!
Peace Church, 1111 N. 11th Ave.

Local art & gift fairs by WendyUpNorth.com

Music Together IN THE VALLEY

Sing, dance, play and learn with your infant, toddler, preschooler or K-2nd grader in these award-winning classes offered by Duluth Parks & Recreation

Register for a FREE demo class

For children Birth–5 and the grownups who love them:
Portman Community Center:
Monday, June 19 | 9:30 am & 5:30 pm
Harrison Community Center: Tuesday, June 13 | 10 am

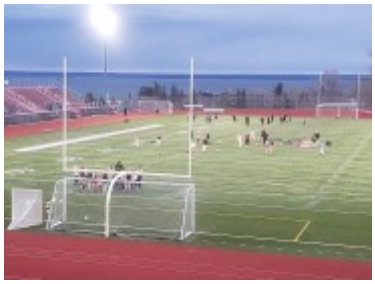
For children 5–8 years (grownups optional):
Rhythm Kids drumming-focused demo
Portman Community Center: Monday, June 12 | 4:30 pm

SUMMER CLASSES
Birth–5 years at Portman:
Mondays | 9:30 am & 5:30 pm
Birth–5 years at Harrison:
Tuesdays | 10 am
Rhythm Kids
5–8 years at Portman:
Mondays | 4:30 pm

Registration is required at duluthmn.gov/parks
For more information, visit MusicTogetherClasses.org

Photo by Dennis McManus

A pair of eagles have nested beside the school sports fields (formally Ordean Middle School, now Duluth East) for many years. The eagles and the players on the athletic field have a great view of Lake Superior.



A Handful of Events

June 1, 2 and 5,6 Spring Plant Sale Duluth East Greenhouse. 8:30am—4pm Ask how to get there at school front desk. House plants, vegetable, flower & herb seedlings.

June 9 & 10 Duluth-stämman. Nordic Folk Music & Dance Festival Workshops, performances, jam circles, youth activities. Peace Church. Nordiccenterof duluth.org

June 10 Free Park Day Entrance to all MN State park and recreation areas are free. All 75 sites.

June 12-15 Book Sale Duluth Public Library. June 12 is Member only.

June 21 Growing Shiitake Mushrooms Workshop. 5:30 pm. Mt Royal Library.

June 24 Rhubarb Festival 10a.m.-3 p.m. Stella Maris Academy / Holy Rosary Campus. Benefit for CHUM. Come hungry. Contact CHUM to volunteer or donate rhubarb.

July 13 Outdoor Book Club. *The Wolf's Trail*. Lester Park. 10am-noon. Ages 18+. Followed by low-impact, optional hike. Free

July 15 Bug Catching Adventures 9am $3 Washington Square, Ages 3-6 with adult. Nets, magnifying glasses and more provided. Enroll through Duluth Parks & Rec.

July 16 Lake Superior Day Celebrate our grand lake.

July 22 Festival by the Lake 11AM-7PM. @Bayfront

Congrats Grads!

Go Grandma's Runners!

Didna' Know? NERCC (NE Regional Corrections Center) runs a meat processing plant, vegetable and flower farm. What they grow and prepare is for sale at the Civic Center Farmers Market. See Market list on back page.

ARE YOUR CHILDREN CURIOUS ABOUT LIFE BEFORE ELECTRICITY?

Then they need to Come out for

Education Day's

Our highly skilled reenactors bring the old world to life through hands-on teaching and historical storytelling that brings the past back to life.

September 28th - 29th
Cost is: $10 per day.

REGISTER ONLINE TODAY!

LESTER RIVER RENDEZVOUS

SUPPORT A LOCAL TIME HONORED TRADITION BY BECOMING A SPONSOR.

Lester River Rendezvous
Fall Festival
September 30, 2023
10-5pm
www.LesterRiverRendzvous
For more information check us out online!

BECOME A SPONSOR TODAY!

Chum held their Spring Assembly at **St. Michael's Catholic Church** 5/16.

The Lakeside Lester Park Community Club is looking for **new board members** to join the team. Rental info, club activity, and membership info on the web at llpcc.com. Members receive discounted rental rates. Their **Annual Meeting** will be **June 27** at 6pm. Free hamburgers and hot dogs followed by a short business meeting Potluck sharing would be appreciated and welcomed. www.llpcc.org.

^ ^ *Lakeside* BIZ/COM BITS ^ ^

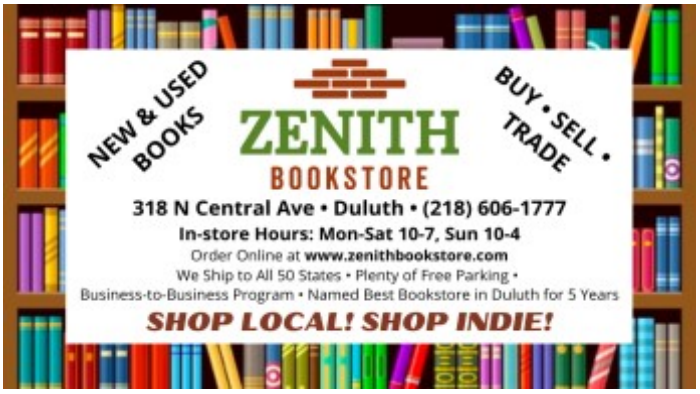
Duluth Yoga has moved out of the former Lakeside School on Pitt St and is now downtown after almost 30 years in Lakeside.

EPA lab, 6201 Congdon Rd, is the location for presentations: **Twin Ports Freshwater Folk. June 7,** 11:30-1:30pm

MADE IN LAKESIDE—BEER
Lake Superior Brewery passed its final inspections and hope to begin in early June!. Their brewing system allows for production of 30 kegs or 465 gallons of beer at a time.
As a brewpub their beer will only be available in house on tap and to go. They plan on bottling for in house to go sales. They will be brewing about half of the old/original LSB beer recipes and some new recipes of their own. Look for Kayak Kolsch, Sir Duluth Stout and more.

Lakeside Presbyterian Nursery School (LPNS)

Is now taking registrations for the 2023-2024 School Year. This year we are offering morning, afternoon and all day classes.
For registrations or more information call 218-525-1967 or go to our website
www.lakesidepresnurseryschool.com



Shannon's Stained Glassery
5904 Tower Ave
Superior, WI 54880
+ Paint Your Own Pottery
715-392-6009
715-392-6187 (Fax)
shannonsstainedglassery@gmail.com
www.shannonsstainedglassery.com

Lakeside Liquors
4507 East Superior St 218-464-0168

Shoreline Dental Associates
PEDER MORSE, DDS
6012 E Superior St
Duluth, MN 55804

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Family Dentistry	Extractions	Crowns and Bridges
Teeth Whitening	Periodontal Therapy	Dentures / Partials

NEW PATIENTS WELCOME! 218-727-2349
Providing care in Duluth since 2003 - Relocated to Lakeside/Lester Park

The best time to plant a tree was 20 years ago. The second-best time is *now*. Chinese Proverb

The gas station that was located at 4731 E. Superior St was owned by Arne Schweitzer in the 1950s. The Masonic Lodge can be seen in the background. His daughter remembers the oil cans, but, more importantly, the refreshingly cold pop dispenser. Lakeside has had many services stations, now there are only 2. Gas was 30c a gallon in the 1950s (inflation adjusted price $2.79). Past gas stations have been turned into office space, health ventures, and other uses.

Full Moon

June 3
rise 10:41pm

July 3
rise 9:38pm

MARSHALL HARDWARE
"They've got everything!"
In your friendly Lakeside neighborhood
4415 East Superior Street • 525-3638

Lakeside Presbyterian Church
4430 McCulloch Street, Duluth, MN 55804
218-525-1967
Sunday Worship 10:00 a.m.
Vacation Bible School - June 12-16
Registrations are available
Check website to listen to or stream worship
www.lakesidepreschurch.org

Pedestrian safety islands have been put up on two places on London Road. One is at 60th Ave. E.

Music Together

A new course was held this spring at Portman and more will be offered this summer. About 20 children—ages 6 months to age 5 - with their families used simple instruments, voice, body, streamers and scarves to help children on their journey in music. The mission of Music Together is to make the world a better place by making it more musical. The instructor is Linda Brasaemle with 20+ years of experience.

Community Resources

United Way 211 - health & human services
Senior Linkage Line 1-800-333-2433
Suicide Prevention Lifeline 988 or Txt MN to 741741
Veterans dvnf.org mac-v.org

Recommendations from the AADA

Protect skin from sunburn, early aging and skin cancer

Safe from the Sun

Apply sunscreen even on cloudy days

Use SPF 30 or higher and water resistant sunscreen

Apply the lotion to your neck, your ears, tops of feet and head (depending on hair)

Reapply every 2 hrs and after swimming or seating when outdoors

Seek Shade or wear sun-protecting clothing (esp 10am-2pm)

(Apps & Websites)

—**spotthestation.nasa.gov** Put in Duluth and you'll see a list of dates and times when the International Space Station could be seen in Lakeside on a relatively clear night.

—Visit **minnesotaseasons.com** and learn about birds. fish, plants, fungi, insects, plants and more of Minnesota.

—View **mnatlas.org/gis-tool/** to access information on land in Minnesota. This was created locally by NRRI. Select layers of your interest.

Job Posting

DRCC Supporting Abilities

WE ARE HIRING!!

Looking for a rewarding part-time or full-time job? Take a look at DRCC, a Star Tribune top workplace for the last 4 years, supporting individuals with disabilities. We are looking for individuals that are interested in supporting, teaching, and of course, having fun! We have homes right in the Lakeside area that are hiring employees immediately!

STARTING WAGE OF $16.

Full-time positions have a generous benefit package; plus 401k available, earned sick time and paid vacation. Up & Awake shifts have a $1 differential per hour for the up and awake hours; sleep overnight shifts have a $60 stipend for the sleep hours.

What you can expect:

- In-depth training that is paid work time
- Continuous support and education
- An opportunity to share your talents and interests
- Predictable/consistent hours each week

For additional information, check us out on our website, drccinfo.org, or call Amber Pedersen, 218-722-8180, ext. 103.

Meet a Neighbor

Zoey Leege

Chester

Zoey spent her school years in South Minneapolis and the summers with her father in Knife River. She moved to live in Duluth after college to be around more family in 2001. In 2014, a house in Lakeside became her new home with her husband, stepdaughters, and dog.

She works as the Community Engagement Coordinator for Head of the Lakes United Way. This involves helping manage our community investment process, where grant funding is awarded to local non-profit organizations. She also is involved managing the online Volunteer Center, to help promote volunteer opportunities with local non-profits. She organizes the local United Way Spring Day of Caring which is coming up on Wednesday, June 21st.

She loves cross country skiing and did plenty this long winter heading about 3 times a week mostly to nearby Lester Park by day or night. She also did a ski outing in Colorado. She also enjoys biking in the spring, summer and fall. She heads out for a walk almost every evening with her dog, Trotsky who is a chihuahua and dachshund mix. A fun activity for her is to paint and she has been learning the basics of oil painting with local artist Matt Kania through the Duluth Art Institute. She paints buildings and natural areas in Lakeside and other parts of Duluth and hopes to eventually show some paintings in local businesses.

I love being close to the lake and Lester Park. I also love the variety of local businesses. It is also a nice bike ride to my office downtown or to my dad's house in Knife River.

Head of the Lakes United Way
Spring Day of Caring
June 21
Sign up to help with a variety of volunteer projects
in the area by visiting
volunteerduluth.galaxydigital.com.

Let us shop your insurance for you!

Deluxe Insurance Group
4515 E. Superior St.
www.deluxeinsurancegroup.com
(218) 525-7118

Hello Summer Time Fun & Freshness

Markets

NEW **Clover Valley Farm Trail** Sundays noon-5pm clover-valleyfarmtrail.com

Saturdays at the Farm thr Sept 30. 10am-3pm. Hands-on activities 1-2pm. Eco3 Urban Farm. Lake Superior College.

Duluth Farmers Market	WEDNESDAYS 2-6pm SATURDAYS 8-noon	13th Ave. E. 3rd St.
Civic Center Farmers Market	THURSDAYS 11-1:30 pm (no market 7/6) +food trucks	In front of county courthouse by the fountain. Starts 6/22 and runs through end of Sept.
Lincoln Park F.M.	THURSDAYS 3-6pm	Harrison Club 3002 W. 3rd St. Starts 6/16
Central Hillside F.M.	TUESDAYS 2-5pm	Essentia Health Parking Lot 503 E. 3rd St. Starts 6/16
Twin Ports REKO ring	Pre-order on Facebook Pickup on WEDNESDAYS	801 W. Central Entrance (former Shopko parking lot)
Indigenous Food & Arts Markets	July 22, Aug 12, Sept 16 9am-noon	205 W. 2nd St.
Barkers Island F.M.	SATURDAYS 8:45-noon	Barkers Island. May 20-Oct 28.
Superior Downtown Market	WEDNESDAYS 10:45AM-2PM	1200 Block of Banks Ave. Thru end of Oct
Two Harbors F.M.	SATURDAYS 10AM-1PM	320 7th Ave. Burlington Station

Music

Chester Creek Concert Series Tuesdays 7pm (switches to 6:30 pm Aug 1 and 6pm Aug 22) Start 6/13.

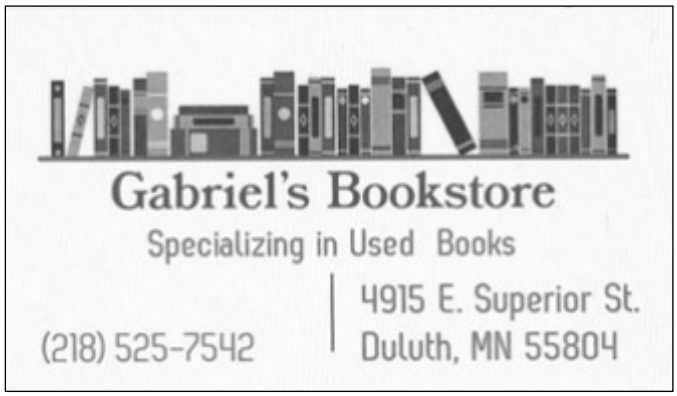
Concerts on the Pier Glensheen. Wednesdays 7pm July thr Aug. Grounds open@5pm

Beer Garden at Great Lakes Aquarium. Thursdays. 5-8p.m. DSSO performances. Food trucks.

City Sounds Outdoor Concert Series 6pm. Thursdays. Duluth Public Library.

Bayside Sounds/Around Town Concert Series Wednesday 6-8pm at parks throughout Superior, 7/12-8/30

Movies

Greater Downtown Council Movies in the Park July 7-Aug 25. Fridays. Leif Erikson Park.

Friday Morning Movies 10:30am Duluth Public Library.