www.LookAtLakeside.com Feb/March 2022

LOOK at LAKESIDE

Lakeside—Lester Park
bi-monthly newsletter since 2012

New Crew at the Station

Capt. Chad Cooke, fire fighter Andrew Olson, and FEO Gene Olsen are on duty for their 24 hour shift at station No. 6 in Lakeside. The airhorn, which is the source of the siren sound, is located above the front bumper. Remember, call 911 for an emergency.

The No. 6 Fire Station with a crew has been serving in Lakeside at 5031 E. Superior St. for 111 years. It's one of 8 stations in Duluth and is the town's eastern most fire station covering calls out to McQuade Rd. The Lakeside location has 9 dedicated staff—and since the start of 2022 four of the crew are new to the station. The staff work 3 cycles –with 3 people per shift—a captain, engineer officer, and a firefighter. A shift is 24 hours. The Lakeside location averages about 3 service calls

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Mythical Creature in Lake Superior

According to an Oiibwe legend, a creature dwells in the depths of Lake Superior. The name of the creature is **Mishipeshu**. The underwater creature is also known as the underwater panther or the Great Lynx. Mishipeshu is said to live near Manitoulin Island. The monster is referred to as a symbol of the lake's power and is able to cause storms, waves, and whirlpools. The water spirit travels through underwater tunnels and roars and hisses, sounding like rushing water. The creature looks like it has components of other organisms—head and paws of a giant cat, the horns of a bison, the scaly body of a snake, and has spikes along its back and tail. Mishipeshu is described as a cross between a cougar and a dragon. It is amphibious, reptilian and feline all in one.

When Mishepeshu's temper strikes large waves and storms will appear. He is even able to break ice in the winter so people need to take care or they will fall in. Although generally considered bad-natured, he can simply be tricky or even can be helpful. It is said that if travelers offer Mishipeshu tobacco, he may allow them safe passage on the lake. Underwater beings could allow for bountiful fishing and hunting if the creature was in a good mood.

In 1897, while yachting near Duluth, a man fell

Continued on page 6

Spot the planet **Venus shining extra bright** just before dawn on Feb 13.

2's day is coming 2/22/22

Fill in the blank for these song titles.

The _____ *You Look Tonight* Frank Sinatra

Have I Told You _____ Rod Stewart

You Are the _____ *of My Life* Stevie Wonder

Because _____ *Loved Me* Celine Dion

Still the _____ Orleans (1976 hit)

IN THIS ISSUE

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Mythical Creature

Cool Chickadees!

Events, Assorted News & Announcements

Next Deadline March 14

LOOK AT LAKESIDE
is a bi-monthly newsletter on people, places, happenings and history of Lakeside-Lester Park, Duluth, MN
6 issues/year
1st issue Aug/Sept 2012

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Terry Brown, helper

Subscriptions $12
Ad Rates and Deadlines at www.**LookAtLakeside.**com

Ads and subscriptions help support this community project and are appreciated.
Over 20 Lakeside area free pickup locations .

www.**WendyUpNorth.**com

I am available for local history presentations, travel talks, **dulcimer** music & lessons, and NEW Boomwhacker Interactive Rhythms
I also organize **local art & gift fairs and day trips/Up North Excursions**

Join my community email lists and Facebook pages.

McCulloch Street Musings
from the Editor

THE THERMOMETER HAS dipped into the negative #s several times already. Does that mean it's time to stay in or time to put another layer on and head outdoors? Our 105 year old house windows develop intricate frost patterns on the colder days. The snow has been awesome for snow lovers in the area. Neighborhood skiing opportunities are very close—Lester Park Golf course, Lester Park and other parks in Duluth.

Be patient with the Brighton Beach changes. On a recent walk at Brighton Beach—still no vehicle road is present (see article on page 3) - we heard and then saw 4 bald eagles. Have you heard the sound eagles make? They sound like a rusty wheel turning. We also heard Great Horned Owls calling from our alley back in December. Calling for potential mates.

I had Look at Lakeside t-shirts made with the logo/header. I also had masks made from photos I took of the rocks at Brighton Beach and of the lift bridge from the Rose Garden. Inquire if you are interested. The next local art fair is *Treasures of the Earth*.

We haven't attended that many events and programs but did go to a Rick Springfield concert at Black Bear Casino. It was LOUD but was fun to listen to live music performed and from an active songwriter. How about writing a song or poem this winter and submitting it to Look at Lakeside? I recently bought a used banjo and am enjoying plucking out tunes. So many tunes to learn.

Take and share Lakeside photos and news or a bit o' history. Next issue will highlight a few local artists.

Have a great day! Wendy

Thank you - outdoor workers: delivering mail, emptying garbage cans, clearing snow from streets, responding to fire and health service calls, and more. Neighbors helping neighbors.

Portman Community Center 730-4310
Noon-3 p.m. **Mon**. Bridge
9-11a.m. **Tues** Mens' Coffee
1-3:30 p.m. **Wed** Mahjong
Meals AEOA $4. Eat at Portman or pick up to take home. Adv. reg. reqd.

Lakeside Lester Park Community Club 525-0845
After school time 2:15-6:30p
Supervised youth space.
K.E.Y. Zone @ Lester Park Elementary

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Date _____ **Name**_____

Address _____ **Phone** _____

Renewing? ***U-betcha*** ***Nope, I'm new*** ***Years in Lakeside*** _____

Mail to Look at Lakeside, 4005 McCulloch St., Duluth MN 55804 Thank you!
If you don't want to cut this slip out—just enclose your name and info on a piece of paper.

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Thank you
new + returning subscribers and advertisers

10 yr anniversary is coming this year. All Look at Lakeside past issues are online. View photo gallery and resource page.

Project In Progress

The City has contracted with LHB as the Landscape Architecture Firm and AMI Consulting Engineers as the Coastal Engineer. The funding source for the resilience project is 2020 State Bond Funding.

An online information meeting was held on October 7, 2021 and a link to a recording of the meeting is available on the city of Duluth website and is linked from the Look at Lakeside website.

Brighton Beach

The future of Brighton Beach will include

- *a one-way road—opening in 2023 (new entry and exit locations than previous ones)
- *daylighting of swales/wetland area between the road and the Lake, *added carriage walks,
- *rewilding of plantings plus adding a vegetation buffer along the lake,
- *posts for hooking hammocks,
- * area for a large tent for events, *ADA beach access,
- *small breakwater, rock steps to access the lake.

The park will still have a pavilion, shelter with fire place, and playground. Currently, a bike/walking path runs through the park, partly using the former road. The trail will be closed during part of 2022 due to road construction. The project will be completed in 2023 and will have a more resilient shoreline to survive storms and be a place for many people to come and enjoy throughout the year.

Fifth-grader Emily O. and her mother stop in and shop frequently at **Gabriel's Book Store**, next to St. Michael's Church. Fiction, non-fiction, records—organized. Such a deal. **Students can pick out 2 free books every visit.**

LOOK at LAKESIDE

Look at Lakeside T-shirts $20.

M, L, and XL available. White with black logo.
Get one today! Call 525-5098.
Great gift! 10th year 2022

DRCC
Supporting Abilities

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or contact Amber at apedersen@drccinfo.org

Join our team!

We've had plenty of snow so far. Snow equipment helps open up streets, paths, and parking areas. Some snow is moved into trucks and carried away. The St. Michael's Church parking lot extra snow piles were partially cleared.

Word of the month

ablation - the process of being removed.

Snow ablation usually refers to removal by melting

Full Moon Dates

Feb 16, March 18

Change Clocks March 13
Spring Forward

QUICK TIP

Check the dates on your vitamins, medications, and food items in your pantry and refrigerator? Are they expired?

A Handful of Events

Fridays in February *Brrr Garden* at the Great Lakes Aquarium Outdoor fire pits, drinks for sale. Bring your own lawn chair if you wish. Free.

Feb 9 River Talks Series presentation: *Update on the U.S. Steel Superfund Site remediation.* Virtual presentation via Zoom by Mark Loomis, U.S. EPA. More talks, see list at www.seagrant.wisc.edu

Feb 20 *North Shore Stream Ski* UMD Sports & Health Center. 10a.m.-3p.m. 726-7128. Register by 2/18.

Feb 21 *Computer/ Electronic Device Help Session* Free. Ask questions about your cell phone, lap top, iPad, etc. Portman Rec Center. 10 a.m.

Mar 7 *St. Louis River Summit* Online event. $30. The theme is River Transformations. 715-919-2154.

Mar 12 *Duluth Songwriters Showcase* 7 p.m. Sacred Heart Music Center. $15

Mar 19 *Northwood Night Out* Greysolon Plaza. 6p.m.-10p.m. Get dressed up. Live music. Fundraiser for Northwood Children's Services. 724-8815

March 26 *UMD Outdoor Gear Swap* Gear drop-off on Friday 3-7p.m., Saturday 8-9 a.m. Sellers set the price of the gear and take home 85% of the profit. Swap 9:30 to noon. Griggs Field. Entry #s given starting at 8 a.m.

Jazz at the Depot is back The Lake Superior Railroad Museum, in the St. Louis County Depot, is hosting Saturday afternoon Jazz sessions ....**every Saturday** from 3-6pm February, March and April 6 & 23. Admission is $6 for adults and $3 for children. A cash bar and snacks, including gourmet hot dogs, will be available.

Lakeside Presbyterian Church
4430 McCulloch Street, Duluth, MN 55804
218-525-1967

Worship - Sundays at 10:30 a.m.
Ash Wednesday Worship
March 2nd @ 6:30 p.m.

Check website to listen or stream worship each week:
www.lakesidepreschurch.org

Select the f for live stream.

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(1) Help **DELIVER HOT MEALS.** Multiple routes available. Weekday mornings. Be a regular or a sub. Pickup at Ecumen Lakeshore. Contact janawarner@ecumen.org

(2) **Second Harvest Northern Lakes Food Bank**. Assorted help needed—packing, sorting, pickup. Contact Andrew@northernlakesfoodbank.org

(3) **POLAR PLUNGE Feb 19.** Participate or pledge. Park Point Rec. Area. Plungemn.org. Supports Special Olympics.

Contribut$ons The **Salvation Army** kettles are staffed by volunteers for 6 weeks before Christmas at 18 locations. The Lakeside SuperOne kettle spot brought in $14,221.69 this past year. SA thanks the generosity of the community. This year's total is $1100 more than the previous year and $3600 more than 2019 (pre-covid times).

Local Art & Gift Fair 10am-3pm

Treasures of the Earth
Green Goods, Craft & Art Fair
Peace Church,
1111 N. 11th Ave. E.
FMI WendyUpNorth.com

Masks required.

Inquire about openings.

Continued from front page, Fire station

per shift. In a year, well over 1,000 calls come in for medical and fire service at that station. The Fire Department reports a 56% increase in water emergency calls in 2021.

During pre-covid times the station would give tours and demos on gear and equipment. The 2001 station major renovation created more space, a large engine bay, and improved separation of exhaust from the living quarters of the station. A community police office was at the station but that is no longer the case.

The No.6 fire truck has a 48 gallon gas tank and runs on diesel

The vehicle does not have ladders

The station has equipment for water and trail rescue.

Help out and keep your nearest fire hydrants clear from snow.

Lakeside Liquors
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GET TO KNOW CHICKADEES

Active, acrobatic, vociferous, feisty, and frequent feeders. Observe and listen for them. They call out "Hey Sweetie (or Fee Bee), Seet, or [chicka] dee, dee, dee. The 'dees' also represent their feel for a threat of danger. The more "dees" the more perceived danger. When the temperature is very low, chickadees can slip into torpor which is a state of controlled hypothermia where the body temperature falls by ~20°F. The chickadee will warm itself by shivering. It's coat of feathers helps it maintain a body temperature of 100°F.

**Chickadee brains amplify their spatial memory in early fall by amazingly adding brain cells which helps support spatial memory. In the fall a chickadee will have stored as many as 80,000 seeds in their caches, which they retrieve during the winter. Black-capped chickadees in the northern states have a larger hippocampus part of the brain due to their spatial memory. The ability to keep track of the many locations adds to the awe of this common critter weighing less than half an ounce. The birds mate for life and are cavity nesters. Source: knowablemagazine.org, birdnote.org, *The Genius of Birds by* Jennifer Ackerman.

BIZ BITS The **SuperAmerica** at 5310 E. Superior St has closed. **Dr. Dan Dock's Chiropractic**, 4529 E. Superior St. is being remodeled. **SuperOne Lakeside** now has self-checkout lanes. Several **Air B&Bs** are in Lakeside.

Continued from front page, Mythical

overboard and was attacked by a beast that constricted him like a snake. Three passengers onboard witnessed the event. The man survived the creature's grip after having almost lost his life. The creature is said to be the cause of some shipwrecks of early people that were taking things from the lake, including copper.

The Algonquians regarded underwater creatures like Mishipeshu as bringers of protection, healing, and medicine.

Have you ever spotted or documented a strange creature or part of a creature surfacing the lake? What is to be believed?

Credit/Source: Greatlakes.guide
Image: Johann Christoph Wagner, Augsburg (Wikimedia Commons)

Duluth Mask Ordinance in effect until at least Feb 14. Masks are required in indoor public places. Stay safe.

COVID19 (as of 1/17/22)

Known cases (actual is likely higher)
..in St. Louis Co. **35,880**
..in Minnesota **1,110,693**
Deaths ..in St. Louis Co. **469**
..in Minnesota **11,111**
..in the U.S. **874,347**
..in the world **5,567,166**

MN Dept of Health
COVID-19 Hotline
651-297-1304
St. Louis Co.
218-625-3600
www.cdc.gov

Have you received a booster yet?
Have you been tested?

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Lester River Medical Clinic

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slhduluth.com/LesterRiver

Meet a Neighbor

Irina Haller

Irina moved to the US in 1995 to join her husband to be. The move to Duluth, where Lakeside became her new home, was far south of where she grew up in the Republic of Karelia (Russia) that has a common western border with Finland.

Her educational background is in Physiology and Biomedical Research and has been a research scientist with Essentia Health for more than 20 years. Her research projects focus on issues of older adults, chronic diseases, and evaluation of patient care delivery models. She also teaches research methods to medical school students and pharmacy residents.

She has many interests and passions. Finding time to do all that she'd like to do is a challenge! She loves to cook, ferment, preserve and explore cuisines across the globe. She dabbles in baking. She likes to create things, including designing knitwear, gardens, painting. She has been exploring traditional healing, herbalism and natural soap making.

She has helped cook for events around the community and also contributed a traditional Russian dinner for 8 as part of charity events.

It was through Sister Cities relationships between Duluth and Petrozavodsk, Russia that she met many Duluthians and met her late husband. She has been part of the organization for many years and has traveled to most of the Duluth's sister cities. She grew up in rural Karelia and never thought she would become a world traveler, learn so much about different cultures and meet so many people.

All my life I have lived by a large lake, lakes Ladoga and Onega back in Russia (the two largest lakes in Europe) and now Lake Superior.

She has been directly involved in the development and maintenance of the traditional Japanese garden at Enger Park. It takes her back to connecting to what makes every person say, "I love where I am, where I visit, and what I experience." People can experience the traditional Japanese Garden right in Duluth. She is very happy and humbled to be the curator and the Zen garden master for more than 10 years.

Irina came to Lakeside via Russia. She loves to cook and has hosted an annual International Women's Day party for 25 years (before the pandemic). She is the curator of the Japanese Zen garden at Enger Park and she regularly rakes the stones in meditation during the summer season.

She has been a member of the Duluth-Superior Eco Rotary for the past 10 years. The club's focus is on service, community, and sustainability.

She has an adult daughter and two adorable cats which she calls blue bloods - one is an Abyssinian Blue and the other is Russian Blue.

A feature of Lakeside that she likes is that it's relatively flat (except her driveway) so it's not as difficult to drive around in winter. She also is happy with her neighbors who always help.

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www.howmuchwillitsnow.com
Road Conditions
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Recipe for Snow Ice Cream
Mix together 1 cup milk (any kind), 1/3 c. sugar, 1 t. vanilla, 8-10 cups clean snow. Add toppings if you wish.

The true sign of intelligence is not knowledge but imagination.
-Albert Einstein

Place an ad in the Look at Lakeside 525-5098

High 5!

To Lester Park Students & Mrs Baker

The Giving Tree Service Learning project went forward this past holiday season. It was the 19th year for this community holiday share. Students at Lester Park Elementary did chores at home earning over $2,700. The children made ornaments, donated crossword/word find puzzles and bought adult coloring books, pens and cribbage boards. The hospitals weren't able to participate this year. Instead, **Ecumen Lakeshore residents and Diamond Willow Assisted Living in the Lester Park residents** were each given a decorated small tree and gifts.

Thinking about others. Giving. Way to Go! Nice work! A+

If you would like to have a Lakeside person, club, or program for High 5! contact the editor.