www.LookAtLakeside.com Dec 2020/Jan 2021

LOOK at LAKESIDE

Lakeside—Lester Park
bi-monthly newsletter

Pages by Locals

Several people in Lakeside have put their passions, thoughts, research, and photos into books.

Pictured above are CJ McPherson-Heaney, Rich Hoeg, and Kathleen Cargill. Each of these Lakeside folks has new books available.

Let's take a look at some recent books by local authors. CJ McPherson-Heaney has a trilogy ready for readers. She has been writing stories since she was a little girl. She wrote all three current novels with a fountain pen The trilogy began as a 12-page story she wrote in 1993. After she retired in 2014, she found the short story and knew she had to make it into a novel. Find out more information at www.alwaysandforevertrilogy.com.

Rich Hoeg has a nature blog and now has another children's book with his nature photos. Since last February he watched a pair of Great Horned Owls raise triplets near Seven Bridges Road. He has a children's picture book about the owl family and a pdf version of the book *Do You Hoot? The Story of the Amity Owlets* is available to download for free at www.365daysofbirds.com/doyouhoot. He has more books available, too.

Kathleen Cargill is now on her second book based on family research. This one is on her Aunt Monnie. *The Minnesota Beautician and Photographer Who Went to War: Monnie*

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SCHOOLS Reaching forward in new ways

Limited outdoor sports activities took place at Duluth East but indoor classes were not to happen. Beautiful sunsets, bundled up supporters, and kids getting some exercise and competition.

Lets take a look at how the schools in Lakeside have been proceeding this fall, including some perks that enabled learning in new ways.

Duluth East Many classes at Duluth East have been held through Google meet allowing classes to meet virtual and students and teachers to interact. For the most part, teachers come to school to run classes. From 9 until 10:30 a.m. in the Common Area students had a time where they could get extra help in person. The school district supplied Chromebooks and hotspots to students who needed either. Virtual classes have allowed for

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50th

This newsletter issue marks the 50th one. LAL has been published for over 8 years—six times a year—sharing news about Lakeside.

IN THIS ISSUE

Meet a Neighbor: Scott

Authors

Energy Conservation

Schools in a new way

Assorted news announcements

Next Deadline
Jan 14
Please Submit Ads & News by the deadline

LOOK AT LAKESIDE
is a bi-monthly newsletter on people, places, happenings and history of Lakeside-Lester Park, Duluth, MN
6 issues/year
First issue Aug/Sept 2012

Wendy Grethen, editor
Terry Brown, assistant
218.525.5098

Subscriptions $12

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McCulloch Street Musings

from the Editor

SPARKLING SNOW. GLOWING NIGHTS DUE TO SNOW ON THE GROUND, ice formations, sunrises at not 'too' early in the morning. It's winter. How much white stuff will come? We've all done new things as we reflect on 2020 –likely used a computer or phone more for virtual meetings, remote work and school, or virtual medical appointments. Advantages are you can attend events all over. I attended a storytelling fest in Alabama, music concerts and theater events—from our living room.

With our first snow in October we went right into shoveling season. A snow witch (snowman with a witches hat) was spotted. October 2020 was named the snowiest October on record.

—This fall I stopped over at the former Faith Lutheran church to pick up food from a soul-food pop-up fundraiser. The General Election is over and Lakeside once again had very high turnout and many absentee voters. Our winter trails are open (ski Lester Park golf course and Lester Park).

Bundle up and head outdoors if you can. Winter is a great time for reading and story sharing. If you'd like to share a funny store via computer I'm working on compiling funny personal stories. The library is open—curb-side or order books and get reading. Add cheer with decorations, snow fun, baking, funny movies, learning something new, and keeping in touch with friends and family.

Issue after issue of this newsletter has been a challenge and fun project. Now 50 are done. We all hope 2021 will be more regular. Be grateful, see beauty, and nourish your mind and body.

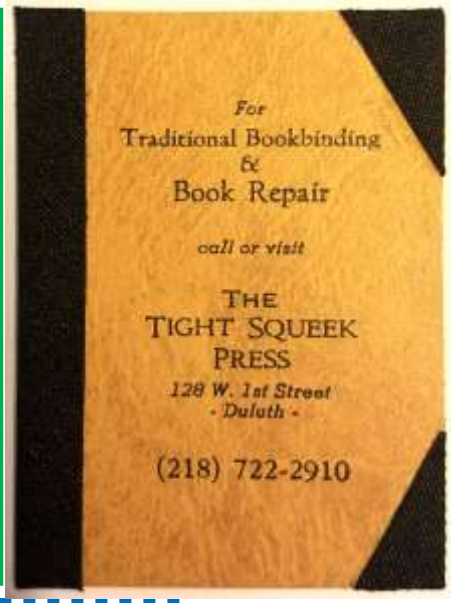
Keep well, *Wendy*

One kind word can change **someone's** entire day.

Wendy Up North Local Art & Gift Fairs are on hold due to safety restrictions for COVID-19. Stay in touch on Facebook
Stay Safe.

DID YA' KNOW?

Duluth has a **Dodge Ave** across from the Kenwood shopping area (in addition to Dodge St in Lakeside)



Look at Lakeside Subscription $12

6 issues/year **Your support is appreciated**

Date _____ Name _____

Address _____ Phone _____

Renewing? *U-**betcha*** ***Nope, I'm new*** ***Years in Lakeside*** _____

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Thank you New & Returning subscribers

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A.S., Cooke St
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C.M., 2nd St.

ONE LIFE CC

For about a year, **One Life Community Church** has been renting the former Faith Lutheran Church on Glenwood and 51st Ave E. as well as the house beside the church. They managed the community gardens and shared fresh produce for the community. Three staff and 3 pastors are part of the team. One Life is in the process of purchasing the building to make it their long-time home. One Life has worship 10 a.m. Sundays, youth programs 7 p.m. Tuesdays, and adult bible time Wednesdays. Their youth programs include Royal Rangers for boys and American Heritage Girls for girls. About 50 members attend the services online. Pastor Michelle puts up Kids Lessons on-line. For more information www.onelifecc.tv or call 218.481.8227. One Life also has a YouTube channel and Facebook page. Fall Fest was held outdoors in October with chickens, a campfire, kids activities, pumpkin bowling, and fun.

Continued from Front Page, Schools

more flexible time to attend classes and doing homework. More students have picked up part-time work or more hours of work to help ends meet at home if parents lost work due to COVID-19. Students work on school work during the day, night, and late-night. Distractions happened previously in the in-person format and continue with remote school. Counselors send out self-care information and ways to reduce anxiety. Meanwhile, some students benefit by being able to study from their bed instead of the school setting. Students also save gas and parking permit fees with remote schooling. Phones can be used to be part of the class, like taking a photo of math problems and submitting the photo to the teacher. Students have learned how to navigate online learning and many post-secondary schools require this skill. School counselor, Jamie Savre, comments "Teachers and staff greatly miss the students. They are where are energy comes from." Food service provides daily meals (weekday) for student pickup.

> Students are also developing life skills [doing remote learning], such as when to ask for help.

Lester Park Elementary

Students at Lester Park Elementary had opportunities to participate in more outdoor time, visiting the school garden and school forest and doing physical education outdoors this fall. The outdoor time gave a break from wearing masks. Teachers worked hard to adapt the curriculum. Classes were at half-capacity and safety procedures included how to enter and exit the building and rooms, floor signage with arrows, no congregating. Principal, Sue Lehna, remarks " Student cooperated fully with the safety procedures and families were supportive and understanding. "

Spirit of the Lake

Spirit of the Lake Community School has met the challenge

Continues on page 4

Be a part of RoK

Ripples of Kindness

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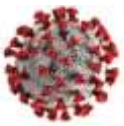
Continued from Page 3, School

of the times with a number of modifications to standard school offerings. At the beginning of the year, grade school classes all started outside to promote airflow and social distancing. For the first month and a half of school the children spent all day, everyday outside, in the elements, enjoying the bounties of the Lakeside neighborhood. Abra Derbis, Director of Admissions, says "Outdoor learning brought many advantages - and we were able to increase the environment and place based curriculum. The children were able to experience the beauty of the changing seasons day to day. The children also got to engage in a great deal more outdoor play and movement, which in turn boosted their health, happiness, and learning abilities." Reading and literacy curriculum in the outdoors worked well. Teacher Elaine Schmid might have said it best, speaking to how the changes suited her class, "Our 3rd/4th grade curriculums offer students the unique opportunity to explore the practical activities of life-- raising food, building shelters, studying measurement-- and the outdoor environment was the perfect setting in which to learn these skills. Students even participated in constructing their own outdoor classroom. Students came to school each day eager to learn, and ended each day with a satisfying balance of exhaustion from the day's work and soul fulfillment from the natural world."

Lester Park Elementary school has a homework drop-off outside the front door.

> ONE OF THE GREAT CHALLENGES IN WORKING WITH THE CHANGES THAT COVID HAS DEMANDED OF US IS THE CONSTANT UNCERTAINTY.

Despite the benefits, the challenges with outdoor learning were also numerous, and for teachers it was especially difficult working without all our classroom resources at arm's reach. As the weather turned colder, classes moved back inside with masks and social distancing precautions in place, until distance learning was required.



MN Dept of Health
COVID-19 Hotline
651-297-1304.
www.cdc.gov
www.mn.gov/covid-19

Testing sites
DECC, Paulucci Hall
www.uwsuper.edu/covid
Free Home Test.
MN@vaulthealth.com
or call
1-800-800-5698

COVID19 (as of 11/17)
Known cases (actual is likely higher)
..in St. Louis County 5,520
..in Minnesota 223,581
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..in the world 1,327,334

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Duluth Citizens' Climate Action Plan
—a citizen-led effort to inspire community-wide action is available via Ecolibrium3.

Ecolibrium3, a Duluth nonprofit, is dedicated to ensuring that all our neighbors have the ability to live in energy -efficient and healthy homes. Eco3's Energy Programs, including Home Energy Audits, low-income weatherization programs, and community renewable energy development, ensure that everyone can access the knowledge, tools, and opportunities to reduce their energy burden and escape energy poverty.

Ecolibrium3 offers Home Energy Audits, which analyzes your household's energy use and potential savings to all Duluth homeowners. Offered remotely by phone or video software, a free "walk through" audit is available to all Minnesota Power and ComfortSystems customers and comes with a free energy savings kit! Ecolibrium3 also offers an Advanced Home Energy Audit which includes a blower door test and infrared-imaging, a deeper dive into your home energy system that identifies air leaks and insulation issues.

Ecolibrium3 also works to address energy poverty through our low-income weatherization program Giving Comfort At Home. Qualified participants receive a free Advanced Home Energy Audit and basic insulating, air sealing, and the installation of energy efficient products. Last year, Ecolibrium3 served 25 households, on average saving $140 a year on their energy bills.

To sign up for a **Home Energy Audit** or apply for **Giving Comfort At Home**, visit www.ecolibrium3.org/energy or call (218) 336-1038.

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Worship - Sundays at 10:30 a.m.
Check website to listen or stream worship each week:
www.lakesidepreschurch.org
Select worship for audio only or
Select the for live stream.

Continued from Front Page, books

Palmatier and Al Payton. The reader will step back into World War II times and learn about people who stepped up to serve their country—working as a government clerk, Rosie the Riverter assembling the B-29 Superfortress, working to produce Navy blimps, photo-journalism, and more roles. Email her at kmcargill6@gmail.com to arrange purchase of a copy.

Finally, **Twin Ports Terror** is a new publication series with local writers writings and artwork. The publishers include Lakeside residents Sean and his wife Brooke. Their partner, Matt, lives in the central Hillside.
Email TwinPortsTerror@gmail.com to submit an entry or for more information. Approved submissions will appear on the webpage and rotated at HauntedDuluth.com. Older stories will move to the Cellar on the website.

Another author: Naida Reynolds.

A family of owls along Amity Creek. Photos by Rich Hoeg. See his blog for more photos, videos, and writings.

Mexican Christmas Rice

Serves 6.

1 1/3 cup rice (uncooked)
1/2 # fresh cranberries, cooked according to pkg.
1 1/2 c water
1/4 t cinnamon
1 c sliced fresh apples with skin on
1/3 c sugar
1/5 t salt

Combine all but the apples in sauce pain and simmer 10 minutes. Removed from heat and stir in apples. Save a few apples for garnishing. Let stand 5-10 min. Serve warm. Frozen cranberries can be used if fresh are not available.

Submitted by LAL subscriber Karen Hoylo

Meet a Neighbor Scott Laderman

Scott grew up in California. He lived in L.A. through high school and then moved to Northern California for some years. He came to Minnesota for graduate school in 1998.

Scott volunteers as a ski patroller at Chester Bowl and Spirit Mountain. He also surfs and this part of town gives him quick access to the lake.

When he came to Duluth for a job in 2005, Lakeside seemed like a great place to live. He felt it was charming, reasonably affordable, and not too far from where he works. Several of his colleagues lived in the neighborhood and his wife immediately loved it, too.

He and his wife, Jill, and young daughters Izzy and Sam have been in Lakeside for 15 years now apart from a couple of stints abroad.

He teaches modern U.S. history at UMD. When he's not working, he loves being outdoors. The family does a lot of hiking together, and they recently got a canoe so they've spent a lot of time on the water in recent months.

He also has taken up hunting over the last decade, and with the pandemic decided to try to learn a lot more about local mushrooms. They've had a great time foraging for delicious edible ones.

Scott doesn't like hot weather, so he appreciate the cooler summers in Lakeside. Most every day you just might spot Scott walking his dog — something both of them look forward to doing.

A favorite thing for Scott to do is walk his dog and says in the fall ***"a walk in Lakeside when the trees are radiant with their reds, yellows, and oranges has me feeling like a character in a children's book."***

50th issue
Look at Lakeside
Thanks for reading.

Look at Lakeside tshirts and more items

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Great gift ideas!

What is a Christmas tree's favorite candy?

Ornamints

Coming in 2021

- New road for Brighton Beach, new parking areas
- Connecting trail—bike, walk Crosscitytrailduluth.com
- Lakeside Brewery moving in, 5324 E. Superior St.
- Tulips along the Lakewalk (Friends of the Lakewalk)

Corgis Lulu and Tally enjoy going for walks. Walks are good for dogs and humans, too.

Although the world is full of suffering, it is also full of the overcoming of it.
- HELEN KELLER

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Hope to see you soon,
Herb, the Xmas Tree Guy

Job Posting

Looking for a rewarding part-time or full-time job? Take a look at DRCC, a Star Tribune top Work Place for the last 4 years, supporting individuals with disabilities, located in Duluth as well as Proctor, Pike Lake, Hermantown, Two Harbors, Cloquet and Esko and the Range Cities. We are looking for individuals that are interested in supporting, teaching, and of course, having fun! NEW WAGE of $13.50/hour. Full-time positions have a generous benefit package. What you can expect:

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- ☐ Tuition Reimbursement Program for Students
- ☐ Predictable/consistent hours each week

For additional information, check us out on Facebook or our website, drccinfo.org, or call Michelle Hooey at 218-722-8180, ext. 101.